

Operating/assembly instructions

Sport-Thieme rolling bar slide

Prod. code: 200 5805 (2.0 m)

200 5818 (2.5 m)

200 5821 (3.0 m)

Sport-Thieme GmbH

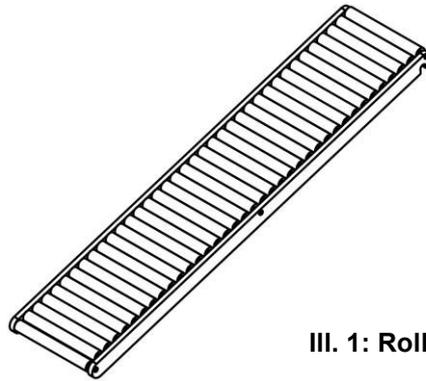
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Operating/assembly instructions for the rolling bar slide

Thank you very much for choosing a **Sport-Thieme** product. Please read the instructions fully before you assemble the equipment so you can enjoy the product and its guaranteed safety:



III. 1: Rolling bar slide

1. When you open the package, please ensure all the necessary parts are included:

The rolling bar slide is completely pre-assembled. It consists of 2 wooden sides and padded rolling bars in-between.

The number of bars depends on the length of the rolling bar slide.

2. General

The rolling bar slide is a very popular piece of apparatus. It promotes the urge to move around. Versions of the rolling bar slide are available in lengths of 2.0 m (prod. code: 200 5805), 2.5 m (prod. code: 200 5818) and 3.0 m (prod. code: 200 5821)

The rolling bar slide is designed for attaching to the original Sport-Thieme kombi platform (prod. code: 200 5906) or to wall bars.

It should not be attached to square objects as this can damage the sides.

The rounded attachment holes in the sides of the rolling bar slide enable free adjustment of the incline.

The lower side ends are rounded to protect the floor. There is no guarantee when combined with products from other manufacturers.

3. Assembly instructions

Attach the rolling bar slide to the respective rung as shown in ill. 2. Ensure safe positioning of the slide.

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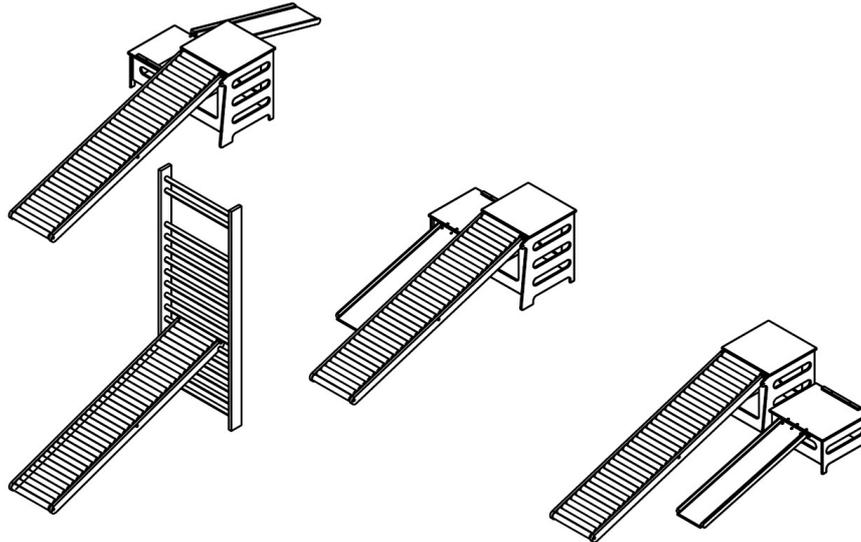
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III. 2: Uses

3. Safety

- 3.1. The rolling bar slide should only be used under supervision.
- 3.2. Place fall protection mats around the slide to prevent injuries.
- 3.3. The maximum load is 1.5 kN (150 kg).
- 3.4. Do not reach between the rolling bars!
- 3.5. The rolling bar slide must only be used when sitting or lying. Do not stand on the slide.
- 3.6. Use: barefoot, with plimsolls or flexible trainers.
- 3.7. In order to prevent damage to the hygienic surface of the foam rolling bars, ensure that no sharp or pointed objects can damage the rolling bars.

The rolling bar slide is only suitable for its **intended use**. Improper use voids the warranty.

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Caution: Do not overload the equipment!



Maintenance and care instructions

Instructions: Carry out a visual check at regular intervals. Due to our continuous quality control of the products, technical changes may occur which may lead to slight deviations in the instructions.

Check at regular intervals that the screw connections are tight. Check the equipment for possible damage and replace worn-out parts. Check the condition of wooden elements as chipping and other signs of wear can result from use. Ensure that moveable parts are free-moving.

We are happy to answer any questions you may have.

Your **Sport-Thieme** Team