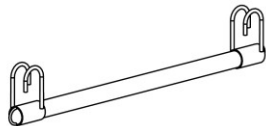
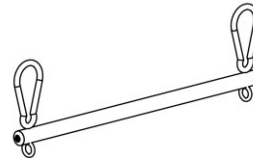


Instruction manual for the wooden/stainless steel trapeze bar

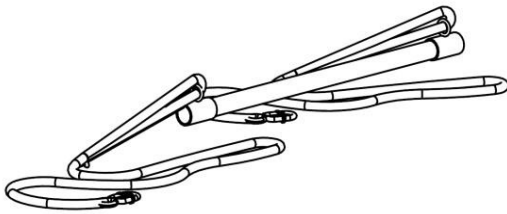
Thank you very much for choosing a **Sport-Thieme** product. Please read the instructions fully before you assemble the equipment so you can enjoy the product and its guaranteed safety:



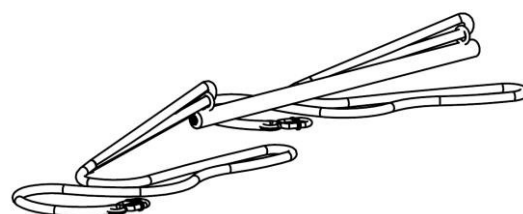
**III. 1: wooden trapeze bar
(119 0902)**



**III. 2: stainless steel trapeze bar
(119 0928)**



**III. 3: 'Professional' wooden trapeze
bar (119 1208)**



**III. 4: 'Professional' stainless steel trapeze
bar (119 1211)**

1. General

Swing through the air like the professionals with the wooden or stainless steel trapeze bar. Trapeze gymnastics – it's daring and adventurous with a feeling of flying and swinging you have not experienced before and completely new motion sequences and situations. The trapeze repertoire includes lots of important movements such as swinging, supporting, balancing, jumping and hanging.

The rings and ropes are not included.

2. Assembly instructions

2.1. Trapeze bar 119 0902, 119 0928

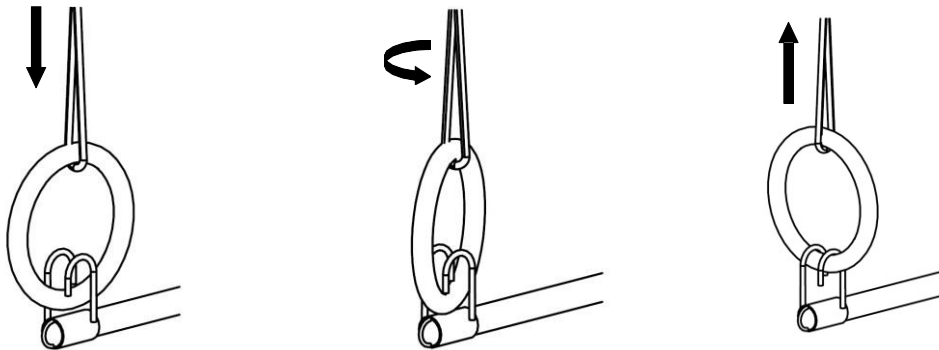
The wooden trapeze bar (ill. 1) is attached to the rings using the attachment hangers for safe attachment (see ill. 5). The silicone tube cover on the attachment hangers prevents damage to the rings. Maximum load of the wooden trapeze is approx. 80 kg.

The stainless steel trapeze bar (ill. 2) is attached to the rings using the snap hooks (see ill. 6). Maximum load of the stainless steel trapeze bar is 150 kg.

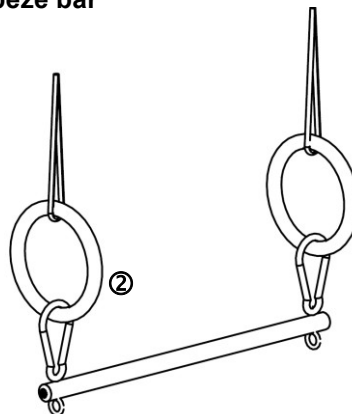
Operating/assembly instructions
Wooden / stainless steel trapeze bar

Prod. code: 119 0902, 119 0928, 119 0915
 119 1208, 119 1211

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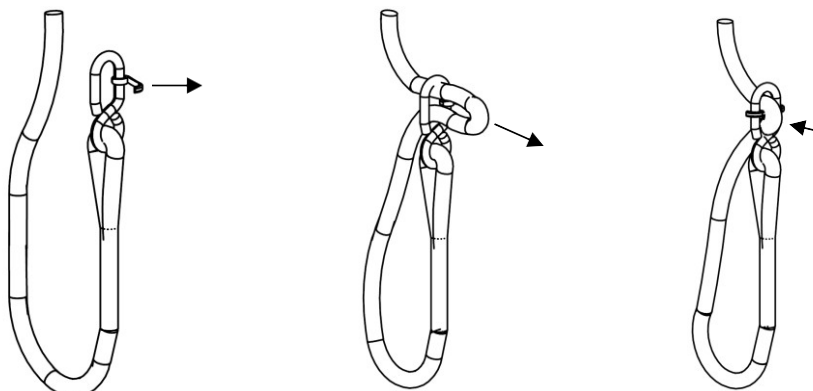
III. 5: attaching the wooden trapeze bar



III. 6: stainless steel trapeze bar on rings

2.2. 'Professional' trapeze bar 119 1208, 119 0915

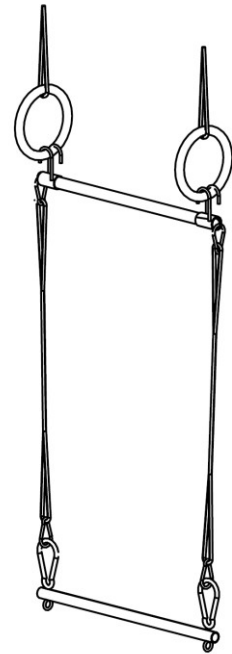
The 'professional' trapeze bars can be easily and quickly attached to rings or other attachment devices. Make a loop. The position of the loop depends on the desired rope length as this can be adjusted with the steel eight. After that, pull the rope through the steel eight and close, as shown in illustration 7. Now pull the rope taut. The rope can now no longer slide and the trapeze bar can be used. Maximum load of the 'professional' wooden trapeze bars is approx. 80 kg and the stainless steel bars' maximum load is 150 kg.



III. 7: adjusting the rope using the steel eight

2.3. Connection rope for trapeze bars 119 0915

Further trapeze bars can be attached to the eyelets on the trapeze bar's sides and the lower eyelets. This can be done using the connection rope for trapeze bars (product code: 119 0915, see ill. 4). These ropes can be used to connect several trapeze bars to form a rope ladder for climbing and swinging. Maximum load of the ropes is 200 kg. The two trapeze bars are quickly and easily connected using the safety hooks on both ends of the connection ropes for trapeze bars.



Ill. 8: two stainless steel trapeze bars with connection rope

Maintenance and care instructions



Not suitable for children under three years. Long cord, danger of strangulation. Use under direct supervision of adults. This piece of equipment is designed for its intended use only. Due to our continuous quality control of the products, technical changes may occur. Check the condition of wooden elements as chipping and other signs of wear can result from use.

We are happy to answer any questions you may have.
Your **Sport-Thieme** Team