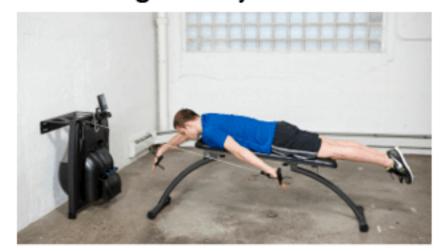
Sports Training with the Vasa SpaceSaver Erg

Swimming - Freestyle



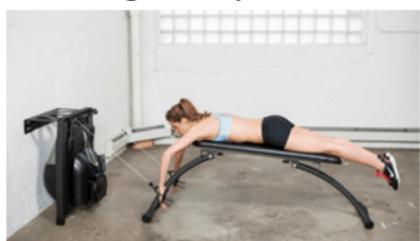
Stand-up Paddling



Kayak Paddling



Swimming - Butterfly



Dragon Boat/Canoe Paddling



Rehab & Functional Exercises



Paddle Board Paddling



Cross Country Ski Poling

